What to Bring to The Summit!

Bedding

☐ Sleeping bag and pillow OR doona, sheets and pillow

Toiletries

☐ Shampoo/Conditioner
☐ Soap
☐ Toothbrush & toothpaste
☐ Hair brush/Comb
☐ Towel

Personal Equipment

☐ Torch
☐ Sunscreen
☐ Insect repellent
☐ Camera (optional for school students)
☐ Medication (if required)

Clothing

Clothing for outdoor or adventure programs should allow participants to be comfortable and protected in a range of weather conditions.

Practicality is the emphasis rather than how fashionable clothes are. Unsuitable or ill-fitting clothes can impair participation and may be hazardous.

☐ Pyjamas
☐ Underwear
☐ Socks
☐ 2 x pairs of old runners (may get wet)
☐ Bathers
☐ T-shirts
☐ Shorts
☐ Jumper/Hoodie
☐ Jeans/tracksuit pants
☐ Waterproof jacket
☐ Sun hat
☐ Beanie

*Note*: Please allow extra warm clothing for winter programs