Year 8 Activity Summary:

**Bushwalking:**
Students will be challenged by a 48 hour bushwalk through the beautiful Mitchell River National Park. Groups will camp out for two nights, cook their own meals and carry their clothing and equipment in backpacks. *Adventure Plus* will provide high quality, light-weight camping equipment and food for the week. Qualified and experienced Outdoor Educators will provide guidance to ensure student safety while TPS staff provide friendship and emotional support during the trip.

**White Water Rafting:**
Students will experience an overnight white water rafting journey down the Mitchell River. After paddling throughout the afternoon groups will set up camp at a designated site and relax for the evening. In the morning the river journey continues until approximately midday. Qualified paddling instructors will join the group leader and TPS staff member to guide participants down a selected section of the river. Students are provided with helmets, wetsuits, PFD’s, rafts and all appropriate safety equipment. Activity specific plans have been formulated to ensure that students of all ability levels can be catered for.

**Rogaining:**
The Rogaining activity requires students to work collaboratively in small groups to achieve a common goal – to locate as many Rogaining markers as they can within a designated timeframe. After a safety briefing from Outdoor Education staff the students will use a map & compass to navigate their way through the course. Each group will also carry an emergency whistle and a 2-way radio so that they are always in contact with supervising staff members. Outdoor Education and TPS staff will remain in the designated Rogaining area to monitor individual groups and provide support and encouragement where necessary.
Initiative activities:
Students will participate in a variety of initiative activities at the Echo Bend Camping Park. These activities are designed to improve teamwork, communication and problem-solving skills. Each activity will be facilitated by an Outdoor Educator and supported by a TPS staff member.

Cultural walk (Den of Nargun):
Students will have the opportunity to visit and learn of the history surrounding one of the most important sites of Aboriginal Cultural significance in the Mitchell River N.P – The Den of Nargun. The walk is scenic but the location itself is breathtaking. In accordance with the wishes of the traditional owners of the land students will not enter the ‘Den’ itself. As always, each group will be supervised by a TPS staff member and an Outdoor Educator with Wilderness First Aid qualifications.

For further information on any of the above activities families are asked to contact the Director of Outdoor Education, Mr Dan Davies on 0428 544 471 or ddavies@tps.vic.edu.au.