At some point we have all sat down with our parents for ‘the talk’. It’s not always easy, but learning about sex is an important conversation that every parent and child should have. But what about ‘the other talk’—a conversation about alcohol and other drugs?

The Australian Drug Foundation is holding a free workshop to help parents have ‘the other talk’. Parents are still an important and trusted source of information for young people and play a crucial role in children’s future decision making.

The Other Talk workshop discusses real life situations, covers some of those uncomfortable questions and provides you with basic alcohol and drug information so that you can have ‘the other talk’ confidently and effectively.

**Who should attend?**
- Parents and guardians of children aged 8–15 years.
- Teachers and professionals who work with young people.

**Why should I attend?**
- Learn how and what age to talk with your child about alcohol and drugs
- Learn how to manage real-life situations involving your child
- Get the facts and learn the myths

**Workshop details**
- Date: Tuesday 24th May 2016
- Registration: 6.00pm
- Workshop: 6.30–8.30pm
- Location: Hastings Community Hub
  1973 Frankston-Flinders Road
  Hastings, 3915
- Refreshments will be provided
- For more information
  Telephone: 03 9611 6100
  Email: adf@adf.org.au

**How do I register?**
[hastingstot.eventbrite.com.au](hastingstot.eventbrite.com.au)